

CARE BOX SHOPPING LIST BY AGE GROUP

Please include EVERYTHING listed under **Essentials** and as many **Extras** as you can fit in your box without overfilling it. Please choose age/gender appropriate items. Expected cost \$50.

AGE 2-4

ESSENTIALS: toothbrush and kids toothpaste, wet-brush, detangling spray, kids soap, nightlight or small flashlight (with batteries), socks, sippy cup or reusable water bottle

EXTRAS: Something to do like coloring book and washable crayons, board books, figurines, dolls, bubbles, cars, etc. Something to snuggle like a stuffed animal and thin fleece blanket. OTHER - foldable duffle bag, thin backpack or pillow case, fun band-aids, stickers, hair accessories

FUN THEME IDEAS: Bluey, Disney or Nick Junior, Paw Patrol, Cocomelon, bears, butterflies

AGE 5-7

ESSENTIALS: toothbrush and kids toothpaste, wet-brush or wide tooth comb, detangling spray, kids soap, nightlight or small flashlight (with batteries), socks, reusable water bottle

EXTRAS: Something to do like coloring book and washable crayons, books, figurines, dolls, bubbles, cars, etc. Something to snuggle like a stuffed animal and thin fleece blanket.

OTHER - foldable duffle bag, thin backpack or pillow case, fun band-aids, stickers, hair ties

FUN THEME IDEAS: Bluey, Spider-Man, Disney Princess, Barbie, Choose a color theme

AGE 8-10

ESSENTIALS: toothbrush and kids toothpaste, wet-brush or wide tooth comb, kids soap, nightlight or small flashlight (with batteries), socks, reusable water bottle, teen deodorant

EXTRAS: Something to do like coloring book and washable markers or colored pencils, books/graphic novels - like The Babysitters-Club or The Bad Guys, figurines, dolls, bubbles, cars, fidgets, Legos. Something to snuggle like a stuffed animal and thin fleece blanket.

OTHER - foldable duffle bag, thin backpack or pillow case, hair ties, lip balm

FUN THEME IDEAS: Into the Spider-verse, Barbie, Animals, Mario, Choose a color theme or hobby

AGE 11-13

ESSENTIALS: toothbrush and toothpaste, wet-brush or wide tooth comb, teen soap, nightlight or small flashlight (with batteries), socks, reusable water bottle, deodorant, feminine hygiene products (small package)

EXTRAS: Something to do like coloring book or drawing paper and thin markers or colored pencils, playing cards, books/graphic novels, bubbles, fidget, nail polish, Legos. Something to snuggle like a stuffed animal and thin fleece blanket.

OTHER - foldable duffle bag, thin backpack or pillow case, hair ties, lip balm, lotion

FUN THEME IDEAS: Into the Spider-verse, Barbie, Baby Yoda, Squishmallows, a color theme

AGE 14-17

ESSENTIALS: toothbrush and toothpaste, wet-brush or wide tooth comb, kids soap, nightlight or small flashlight (with batteries), socks, reusable water bottle, deodorant, feminine hygiene products (small package)

EXTRAS: Something to do like coloring book or drawing paper and thin markers or colored pencils, playing cards, books/graphic novels, bubbles, fidget, nail polish, Legos. Something to snuggle like a thin fleece blanket. OTHER - foldable duffle bag, thin backpack or pillow case, hair ties, lip balm

FUN THEME IDEAS: Barbie, Into the Spider-verse, Star Wars, Seahawks, Mariners, a color theme